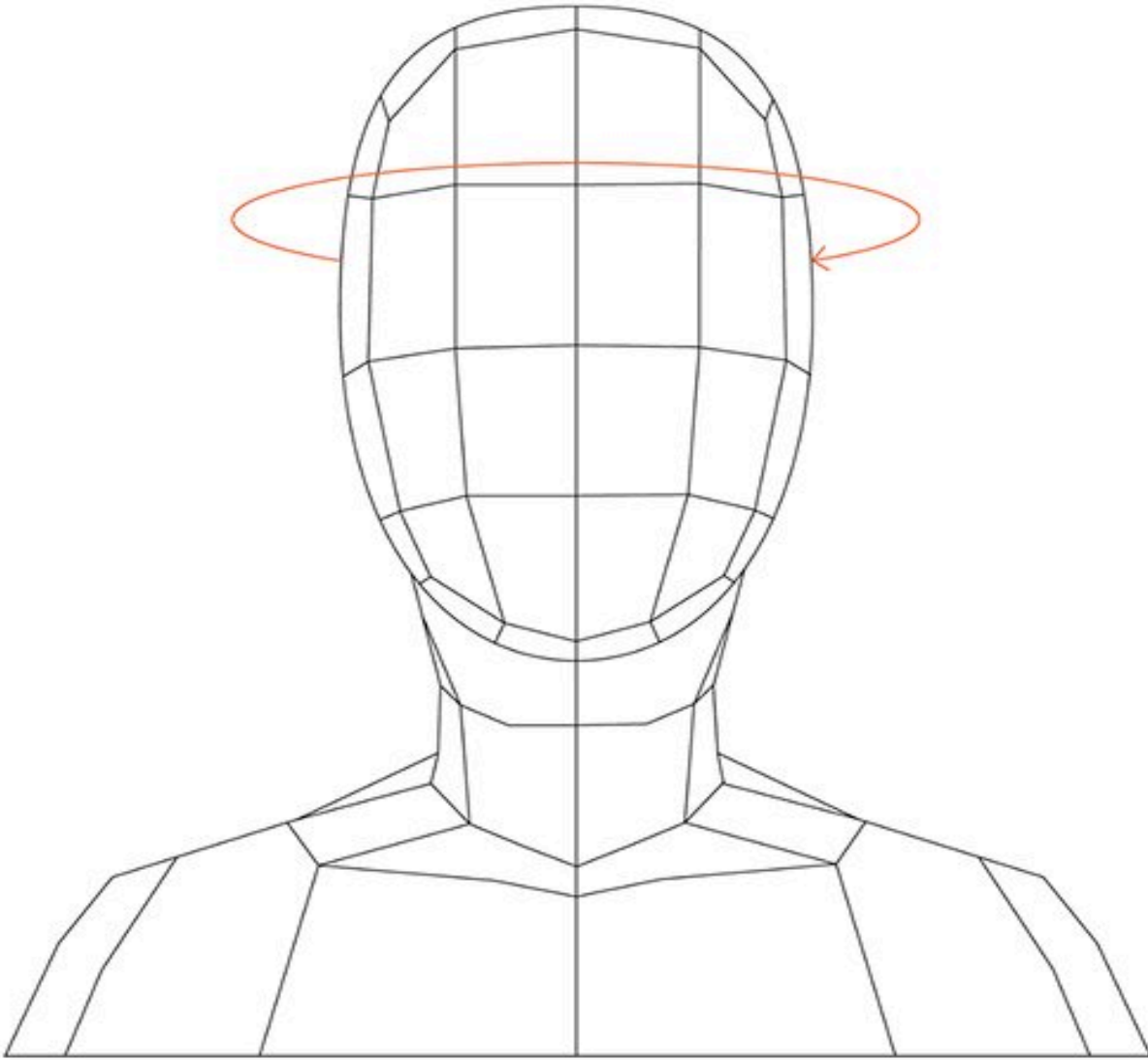


# 2026 POC Cularis MTB Helmet - Size Chart



## Size Chart in CM

size	Head
XS	19 - 20.5
S	20 - 21.5
M	21.5 - 23
L	23 - 24.5

## Size Chart in Inches

size	Head
XS	48 - 52
S	51 - 54
M	55 - 58
L	59 - 62

Sizes are based on the circumference of your head. To determine the correct size, wrap a measuring tape around your head as shown in the diagram. Once you have determined your measurement, use the chart here to find your correct size.