

2026 POC Octal Mips Cycling Helmet - Size Chart



Size Chart in CM

size	Head
S	50 - 56
M	54 - 60
L	56 - 62

Size Chart in Inches

size	Head
S	19.5 - 22
M	21.5 - 23.5
L	22 - 24.5

Sizes are based on the circumference of your head. To determine the correct size, wrap a measuring tape around your head as shown in the diagram. Once you have determined your measurement, use the chart here to find your

correct size.