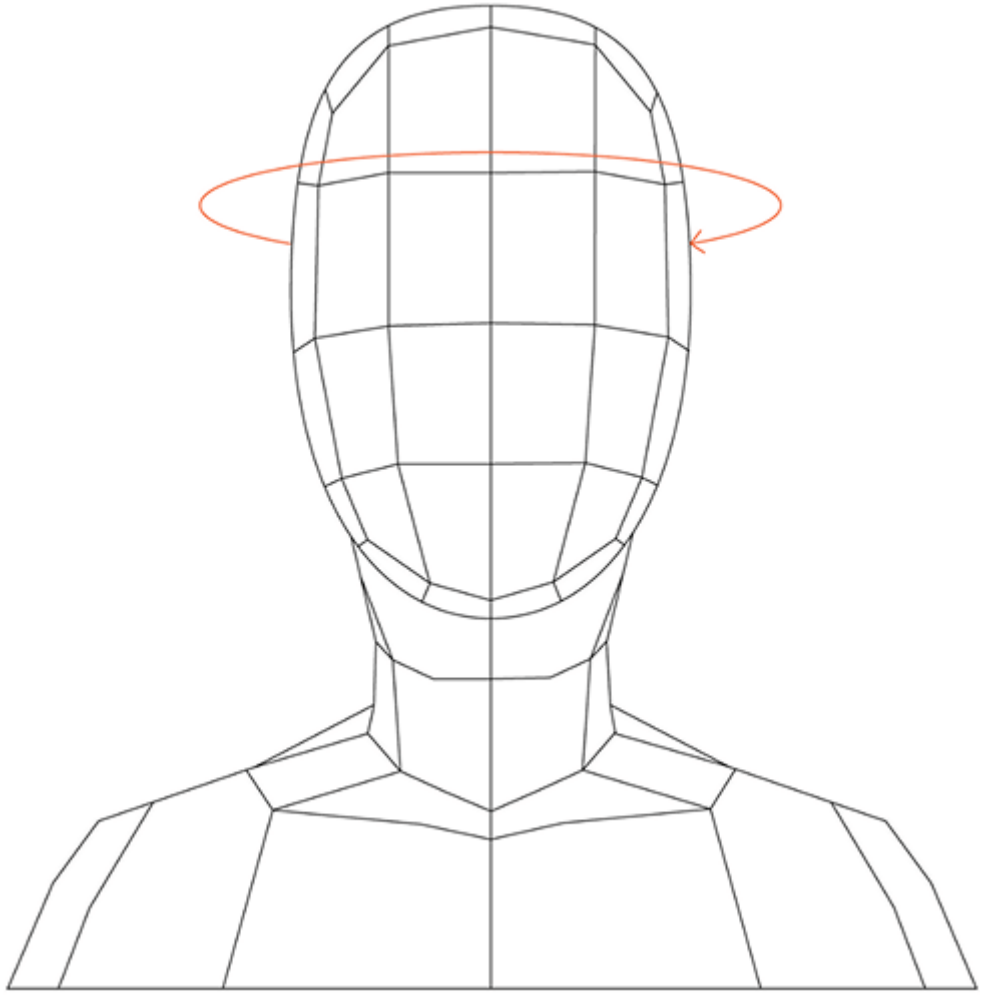
2027 POC Amidal Cycling Helmet Size Guide



Size guide in cm

size	Head
S	51 - 56
M	54 - 59
L	56 - 61

Size guide in inch

size	Head
S	20 - 22
M	21.5 - 23
L	22 - 24

Sizes are based on the circumference of your head. To determine the correct size, wrap a measuring tape around your head as shown in the diagram. Once you have determined your measurement, use the chart here to find your correct size.