

**Size Guide (in cm)**

<b>Bike sizes</b>	<b>Cyclist sizes</b>
<b>XS</b>	< 166
<b>S</b>	164 - 173
<b>M</b>	171 - 180
<b>L</b>	178 - 187
<b>XL</b>	> 185

**Size Guide (in inches)**

<b>Bike sizes</b>	<b>Cyclist sizes</b>
<b>XS</b>	< 65
<b>S</b>	65 - 68
<b>M</b>	67 - 71
<b>L</b>	70 - 74
<b>XL</b>	> 73