Size Guide (in cm)

Size bike	Cyclist's height
XS	< 166
S	164 - 173
M	171 - 180
L	178 - 187
XL	> 185

Size Guide (in inches)

Size bike	Cyclist's height
XS	< 65
S	65 - 68
M	67 - 71
L	70 - 74
XI.	> 73