Please follow the instructions below to help you evaluate your shoe size.



STEP1

Firstly, stand on a piece of paper bare foot. Then, draw a line around your foot.



STEP 2

Repeat this with the other foot, as both feet can have different lengths.



STEP 3

Measure the longest distance and use the MM measurement in the chart to discover your closest size.

Size Chart (MM)

Europe	UK	USA (men)	Length (mm)
37	4.5	5.5	233
38	5	6	240
39	6	7	246
40	6.5	7.5	253
41	7	8	260
42	8	9	266
43	9	10	273
44	10	11	280
45	11	12	286

Size Chart (INCHES)

Europe	UK	USA (men)	Length (mm)
37	4.5	5.5	233
38	5	6	240
39	6	7	246
40	6.5	7.5	253
41	7	8	260
42	8	9	266
43	9	10	273
44	10	11	280
45	11	12	286