

Marin Alpine Trail 1-Suspension Setup

REAR SHOCK SETUP

Recommended Sag = 30%/19.5mm

Step 1: Set correct pressure in rear shock.

Step 2: Sit on the bike.

Step 3: Check shock shaft for percentage of travel used.

Step 4: If under or above 30%, change the spring rate.

Step 5: Adjust rebound setting to ensure proper control.

Fox Float Performance

Rider weight
and shock
setup

LBS	KG	PSI
120	54	105
130	59	115
140	64	125
150	68	135
160	73	145
170	77	155
180	82	165
190	86	175
200	91	185
210	95	195
220	100	203
230	104	211
240	109	219
250	113	227
260	122	235
270	122	243