

Marin Rift Zone XR-Suspension Setup

REAR SHOCK SETUP

Recommended Sag = 30%/19.5mm

Step 1: Set correct pressure in rear shock.

Step 2: Sit on the bike and cycle the suspension (*with correct riding gear).

Step 3: Reset O-ring and sit on the bike, DO NOT BOUNCE, carefully step off.

Step 4: Measure sag (from o-ring to seal of shock), If it does not match the bike's recommended sag in millimeters repeat process.

Step 5: Adjust rebound setting to ensure proper control.

FORK SETUP

Marin recommends that all bikes front and rear suspension feel balanced

Step 1: After rear sag is set follow the recommended pressure from the fork manufacturer.

Step 2: Bounce evenly up and down on the bike, cycling the suspension up and down to make sure both front and rear suspension feel balanced, if the front does not match the rear add or release pressure.

Step 3: Once the bike feels balanced adjust the rebound damping to ensure proper control.

RockShox Super Deluxe Select+

Rider weight
and shock
setup

LBS	KG	PSI
120	54	113
130	59	121
140	64	130
150	68	140
160	73	151
170	77	163
180	82	176
190	86	189
200	91	202
210	95	216
220	100	230
230	104	244
240	109	258
250	113	273
260	118	288
270	122	303