

2025 Lazer Z1 Kineticore - Size Chart

Size and Fit Information



Adult Road / Urban / MTB Helmets (not including full-face)

To determine correct size, measure head circumference 2.5cm above eyebrows. Note: Head circumference measurements falling between two sizes should consider ordering the smaller size helmet. Helmet should sit level on the head at eyebrow level. Straps should sit close on the cheek and behind the ear. Buckle should allow opening of mouth while not being too loose.

Size	CM	IN
Small	52 – 56	20 1/2 – 22
Medium	55 – 59	21 2/3 – 23 2/9
Large	58 – 61	22 5/6 – 24
X Large	61 – 64	24 – 25 1/5
Unisize	54 – 61	21 1/4 – 24