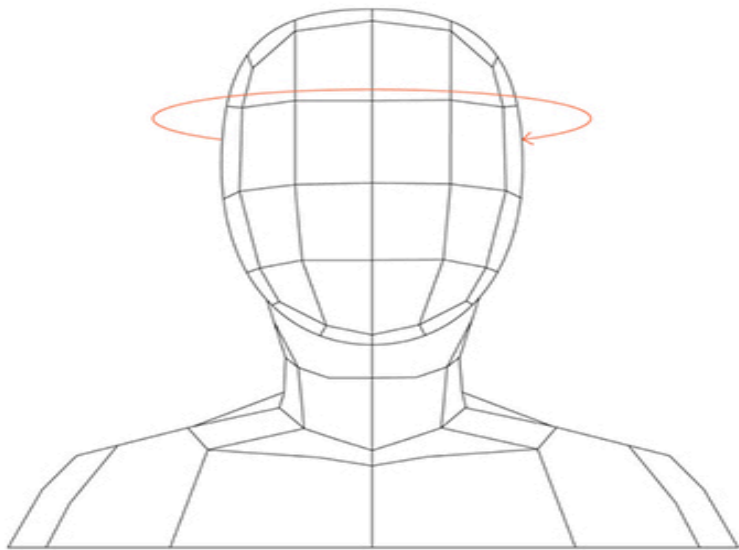


# Size Chart - 2025 POC Cularis MTB Helmet

SIZE	HEAD CIRC.
XS	48-52 cm 19-20"
S	51-54 cm 20-21"
M	55-58 cm 22-23"
L	59-62 cm 23-24"



Helmet sizes are based on the circumference of your head. To determine the correct size, wrap a measuring tape around your head as shown in the diagram. Once you've determined your measurement, use the chart here to find your correct size.