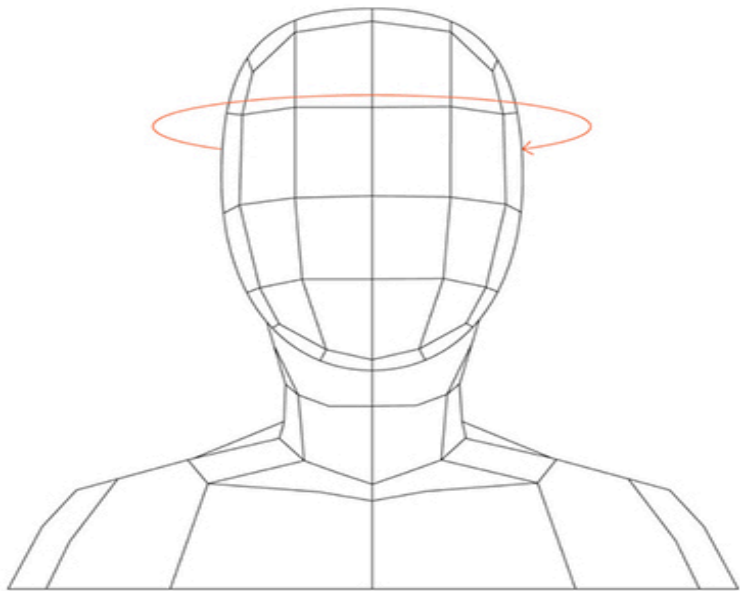


Size Chart - 2025 POC Omne Lite Cycling Helmet

SIZE	HEAD CIRC.
S	50-56 cm 20-22"
M	54-59 cm 21-23"
L	56-61 cm 22-24"



Helmet sizes are based on the circumference of your head. To determine the correct size, wrap a measuring tape around your head as shown in the diagram. Once you've determined your measurement, use the chart here to find your correct size.