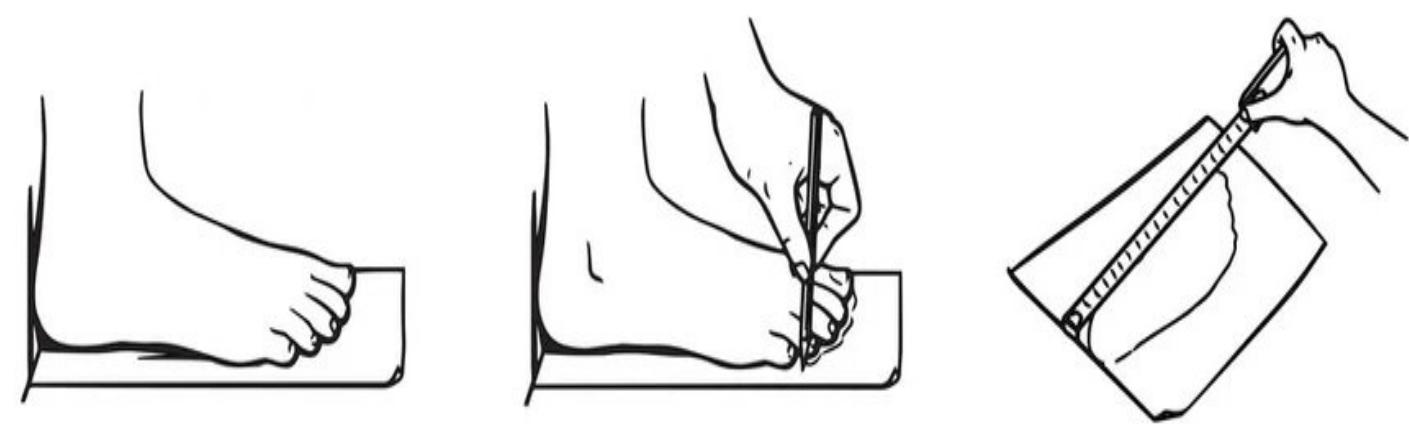


2026 Shimano SH-EX300 - Size Chart

Men's Shoe Conversion - Size Chart

How to Measure for Shoe Size



Place a piece of paper on the floor against a wall. Stand on the paper with your heel against the wall and mark the longest toe on the paper. Measure the distance from the wall to the mark. Note: Cycling shoes are meant to be form-fitting and on the snug side. If between sizes, size up.

US	EU	CM
1.5	33	20.4
2.5	34	21.1
3	35	21.8
4	36	22.4
4.5	37	23.2
5	37.5	23.5
5-5.5	38	23.8
5.5-6	38.5	24.2
6	39	24.5
6.5	39.5	24.9
7	40	25.2
7.5	40.5	25.5
7-7.5	41	25.8
8	41.5	26.2
8.5	42	26.5
8.5-9	42.5	26.9
9	43	27.2
9.5	43.5	27.5
10	44	27.8
10-10.5	44.5	28.2
10.5	45	28.5
11	45.5	28.9
11-11.5	46	29.2
11.5	46.5	29.5
12	47	29.8
12.5	48	30.5
13	49	31.1
14	50	31.7
15	51	32.2
16	52	32.8