

REAR SHOCK SETUP

Recommended Sag = 30%/19.5mm

Step 1: Set correct pressure in rear shock.

Step 2: Sit on the bike and cycle the suspension (*with correct riding gear).

Step 3: Reset O-ring and sit on the bike, DO NOT BOUNCE, carefully step off.

Step 4: Measure sag (from o-ring to seal of shock), If it does not match the bike's recommended sag in millimeters repeat process.

Step 5: Adjust rebound setting to ensure proper control.

FORK SETUP

Marin recommends that all bikes front and rear suspension feel balanced

Step 1: After rear sag is set follow the recommended pressure from the fork manufacturer.

Step 2: Bounce evenly up and down on the bike, cycling the suspension up and down to make sure both front and rear suspension feel balanced, if the front does not match the rear add or release pressure.

Step 3: Once the bike feels balanced adjust the rebound damping to ensure proper control.

RockShox Deluxe Select+

Rider weight and shock setup

LBS	KG	PSI
120	54	135
130	59	150
140	64	165
150	68	180
160	73	195
170	77	210
180	82	225
190	86	240
200	91	255
210	95	270
220	100	280
230	104	289
240	109	297
250	113	304
260	118	310
270	122	315